A FOCUSED LIFE, Part 3

I. WHAT IS FOCUS

- The act of concentrating your interest or activity on something.
- Overcoming procrastination and giving your attention and effort until a task or goal is finished.
- Overcoming distractions and setbacks; moving with <u>sustained</u> energy toward the fulfillment of your purpose.
- It is knowing what to <u>say yes to</u> and what to <u>say no</u> to. Learning to say no to <u>other options unlocks our ability</u> to accomplish those things in our lives that are most important.
- Operating with a <u>clear vision</u> and <u>concentration</u> on the <u>steps and</u> <u>process</u> required for the vision to become a reality.

II. HOW DO WE EXECUTE

- Execute the following steps:
 - 1. <u>Identify and write down</u> your long-term goals for every area of your life.
 - 2. Break your long-term goals down into <u>smaller-weekly-target</u> <u>points</u> that will keep you moving forward.
 - 3. Break down your weekly goals into daily action steps.

III. WHAT DOES LIVING FOCUSED IN 2023 LOOK LIKE?

Concentration must be on...

- God and His purpose and plan for your life.
- <u>Prioritizing</u> and learning how to <u>eliminate distractions</u>.
- o Glorifying God with our lives.
- Scripture provides insight in terms of the ways in which we are to glorify God:
 - 1. Faith
 - 2. Worship
 - 3. Humble Service
 - I. FAITH
 - Since our <u>salvation in Christ</u> comes by <u>faith alone</u>, it makes sense that faith has to be the <u>root or</u> <u>foundation</u> from which glory or honor is offered to God.
 - We cannot discuss glorifying God without discussing faith.
 - There are two New Testament passages that explicitly make the connection between faith and glory:
 - 2 Corinthians 1:18-20
 - o Romans 4

- In 2 Corinthians 1:18-20, Paul emphasizes that there is one message he consistently proclaims:
 - God made many promises to His people! Paul emphatically declares that <u>Christ is the</u> <u>fulfillment</u> of what God promised.
 - Christ is the "yes" to what God promised. Our "Amen" is our act of faith that allows us to embrace God's promises in Christ. And so, we glorify God by having faith in His promises.

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